

# Proverbs Activity Resource

This activity is useful as a small group task to build connections. It also stimulates memories for older participants and it generates discussion when used in a group of mixed generations.

- The pages provided simply need to be printed & cut into the individual rectangles.
- Each page represents a set which can be labelled A – B – C – D.
- These sets are most easily handled with a small envelope for each set. Make sure the pieces are completely mixed up in the envelope before giving to the group.
- The task is to match the beginning and end of each proverb
- If more than 20 people are likely to be involved in the activity it may be helpful to create multiples of the four sets.
- The activity can be repeated up to four times giving each group a different set each time.

**A bird in the hand**

**is worth two in the bush**

**Have your cake**

**& eat it too**

**Kill two birds**

**with the one stone**

**A cat has**

**nine lives**

**A cold hand**

**a warm heart**

**A fool and his money**

**are soon parted**

**A friend in need**

**is a friend indeed**

**A good wife**

**makes a good husband**

**A man is known by**

**the company he keeps**

**A man of words & not  
of deeds**

**is like a garden full of  
weeds**

**A rolling stone**

**gathers no moss**

**A stitch in time**

**saves nine**

**A woman's work**

**is never done**

**Actions speak**

**louder than words**

**All is fair**

**in love & war**

**All things come**

**to those who wait**

**An apple a day**

**keeps the doctor away**

**Barking dogs**

**seldom bite**

**Beauty is**

**but skin deep**

**Beggars**

**cannot be choosers**

**Better a devil you know than one you don't**

**Better late**

**than never**

**Birds of a feather**

**flock together**

**Blood is**

**thicker than water**

**Boys**

**will be boys**

**Charity**

**begins at home**

**Discretion is**

**the better part of  
valour**

**Do as I say**

**not as I do**

**Don't count your  
chickens**

**before they are  
hatched**

**Don't put all your eggs**

**in one basket**

**Don't throw the baby**

**out with the bathwater**

**Early to bed, early to  
rise**

**makes a man healthy,  
wealthy & wise**

**Easy come**

**easy go**

**Empty vessels**

**make the most sound**

**Every cloud**

**has a silver lining**

**Every man**

**has his faults**

**Every little**

**helps**

**Every dog**

**has his day**

**Familiarity**

**breeds contempt**

**First come**

**first served**

**Forgive**

**& forget**

**Great minds**

**think alike**

**His bark**

**is worse than his bite**

**Honesty**

**is the best policy**