

Describe Mutual Respect

Accept compliments graciously

Wisdom - value mine & others

Asking for help/ listen to advice

Work together on common goals

Assertiveness

Be professional & don't take it personally

Be grateful for life/share the joy of life

Disagree honestly & openly & with acceptance for the other's view

Don't let differences destroy a friendship

Freedom and choice

Stating boundaries clearly

Letting go of control - let others do things their way

Listen to each other

Receive & give love

Take turns in a conversation

Reciprocate kindness

When men & women are able to respect & accept their differences then love has a chance to blossom (John Gray)

Respect for ourselves guides our morals, respect for others guides our manners (Laurence Sterne)

**Respect yourself & others
equally**

**There's no happiness for
people at the expense of
others**

**When you are liberated from
your fear your presence
automatically liberates others**

**Think about what you are doing
& make sure others understand**

**We respect each other in
different ways. I show respect
to a pastor much different than
I do say, a policeman. ...**

**They cannot take away our self
respect if we do not give it
them (Mahatma Gandhi)**

**You're better than no-
one & no one is better
than you (Bob Dylan)**

**Not responding to
aggression with
aggression**